



OB/GYN Clerkship: JMS Survival Guide

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Important Numbers

- Labor and Delivery: 1-2688
- L&D resident area: 1-9240
- 7 North: 1-6596
- 7 South: 1-1585
- 5 North: 1-4701
- OB Clinic: 1-1567
- Resident's Office: 1-6566
- L&D Fax Number: 1-4800
- Dr. Ferris's Clinic: 1-6744

Conference Times and Locations

**** *Required*****

- **Perinatal Conference (All)**
 - 1:00pm, Wednesdays in Classroom
- **Benign GYN Conference (All)**
 - 2:00pm, Wednesdays in Classroom
- **Tumor Board (GYNONC Students)**
 - 7:00am, Tuesdays in Pathology Conference Room
- **REI Conference (REI Students)**
 - 1:30pm, Thursdays (Chair's Conference Room or Student Classroom)
- **Grand Rounds / MFM-NICU Conference (ALL)**
 - 7:30am, Wednesdays in 4th floor Amphitheater
 - *Required for ALL students at MCG and off-campus in Augusta!!!*
 - *Students do not go to QA&I conference (2nd Wed of month)*



Scrub Machines

- Located in Nurses' Lounge in L&D
 - Code: 3255*
- Female locker room: 7343*
- Male locker room: 7777*



Important Tips

- **Be ON TIME!!!!**
- **Be Enthusiastic**
- **Keep an Open Mind**
- **Be Prepared!!**
 - **Know your patients-** Read about your patient's condition or surgery
 - Know their prior history, labs, any new changes...
- **Be Available**
 - Leave your number/ pager with your resident and on the L&D Board (if on call or on L&D)

Important Tips

- **Wear scrubs only for the OR and L&D**
- **Always check with your Resident prior to leaving for the day**
 - Make sure all work is complete
 - Find out what time Rounds are in the morning
- **Check board in Resident's office for new admissions/events overnight**
- **Use the student classroom for personal belongings, email...**
 - Should be accompanied by Resident while in Resident's office
- **HAVE FUN!!!!!!**

Labor and Delivery

- **Arrive around 6:00am**
- **Round on Postpartum patients**
- **Divide patients currently on L&D board between L&D students**
- **Divide scheduled C-Sections, BTL's, and Cerclages equally**
 - Look at posting book for next day, prior to leaving
 - Know your patients!!!

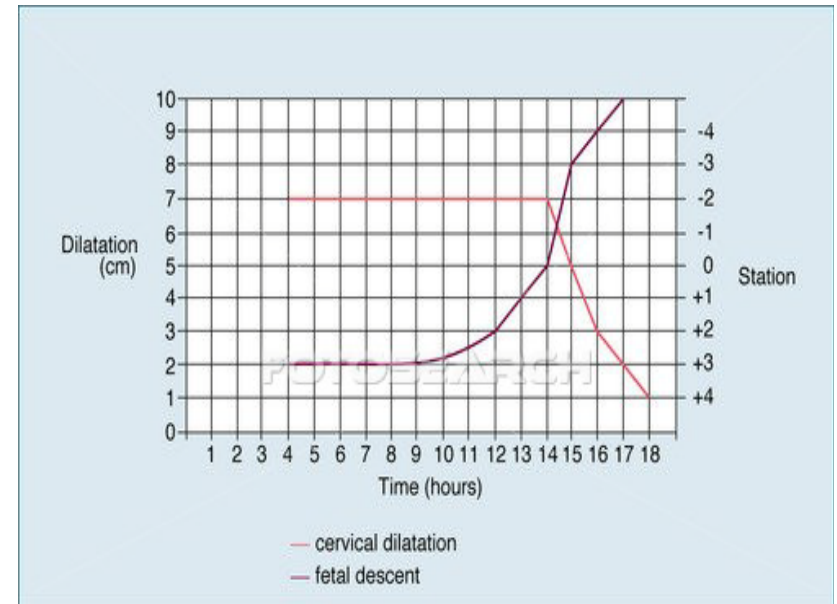
Labor and Delivery

- **JMS is responsible for triage of all new patients**
 - Perform basic History and Physical
 - Write triage note:
 - **Include pt's age, G's, P's, gestational age (how dated), EDC, and primary complaint**
 - **5 Questions:**
 - **CTX** (how frequent, when started, regular)
 - **LOF** (large gush, color, what time, still leaking?)
 - **VB** (quantity, clots, recent intercourse)
 - **VDC** (color, odor, itching, new)
 - **GFM** (last time felt movement, kick counts)
 - **Include FHT and TOCO on each note!**
 - Present triage to L&D Resident
 - Perform exam with resident

Labor and Delivery

Things to review prior to starting:

- **Normal Labor and Delivery**
 - Definition of labor
 - Stages of labor
 - Fetal cardinal movements
 - Signs of placental separation
- **Fetal Heart Tracings / Uterine Monitoring**
 - Reactivity
 - Types of heart rate decelerations





Postpartum Rounds

- **Check L&D delivery book for any new admissions overnight**
 - Anyone delivered before midnight needs note
- **Present all Post-partum patients to Attending during rounds**
- **Discharge Planning**
 - Assist with Discharge paperwork and / or orders
 - Supply with educational materials as needed

Postpartum

- **Important things to ask:**
 - Pain – abdomen, incision, perineum, breast
 - Diet
 - Ambulation
 - Lochia (color, amount)
 - Breast or Bottle feeding
 - Type of contraception desired
 - Circumcision (if male infant)
- **Include in note:**
 - General exam
 - Fundus consistency and location
 - Bandage/ Incision appearance
 - Postpartum labs
 - Prenatal serologies, rubella titer, Rh (in 1st note)
 - **Plan!**



Postpartum

- **Things to review prior to starting:**
 - Normal puerperium
 - Endomyometritis
 - Lactation
 - Contraception

Antepartum

- **Arrive usually around 6 am**
- **Check for any new admissions**
- **See patients and have notes written prior to rounds with Resident**
- **Present patient on rounds with attending**
- **Pertinents:**
 - **Ask about contractions and fetal movement**
 - **Include FHT's as an additional vital sign**
 - **Review Ultrasounds, NST's, BPP's**
 - All antepartum patients have ultrasound on admission, daily NST, weekly BPP

Antepartum

○ Things to Review prior to starting:

- Pre-term labor
- PPRM
- Pre-Eclampsia
- Placenta Previa
- Gestational Diabetes



Benign GYN

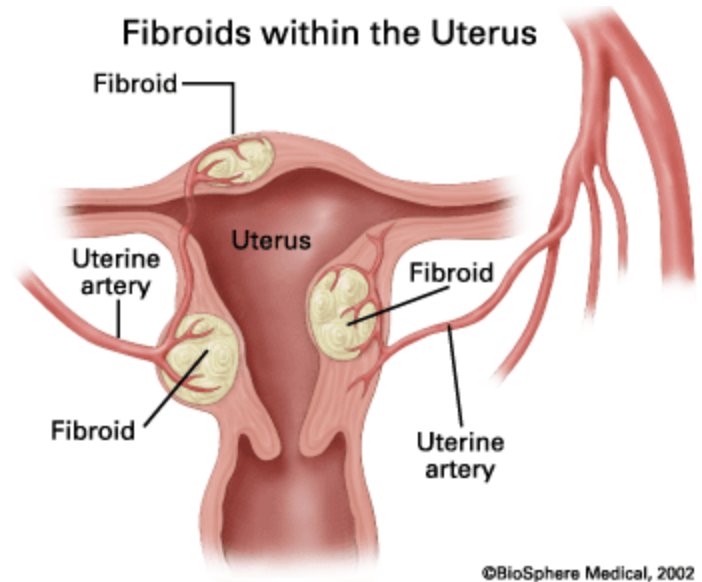
- **Usually arrive around 6 am**
- **Check for any new admissions**
- **See patients and write notes prior to rounding with resident**
- **Participate in inpatient and ER consults**
- **Participate in OR cases**

Benign GYN

- **Know OR cases for next day prior to leaving**
 - Look at GYN OR schedule
 - Make copy of patient's H&P
 - KNOW YOUR PATIENT!!!!!!
- **Review patient's condition (i.e., indication for procedure)**
- **Review anatomy prior to case**
- **Review procedure prior to case**
- **Meet patient prior to surgery**

Benign GYN

- **Things to review prior to starting:**
 - Fibroids
 - PID/TOA
 - Abnormal Uterine Bleeding
 - Endometriosis
 - Ectopic Pregnancy
 - Types of abortions



GYN ONC

- **Arrival time will be determined by Chief Resident**
 - ***** Do not arrive prior to 5:00 am *****
- **Patient load and rounding responsibilities per Chief Resident**
- **Clinic:**
 - Dr. Macfee: Mondays
 - Dr. Ghamande: Tuesdays, Fridays
- **OR:**
 - Dr. Macfee: Thursdays
 - Dr. Ghamande: Mondays, some Fridays
- **Tumor Boards every Tuesday at 7:00am**

GYN ONC

- Things to review prior to starting:
 - Cervical Cancer
 - Evaluation of pap smears
 - Pre-invasive disease vs. cancer
 - Ovarian Cancer
 - Endometrial Cancer
 - Post-menopausal Bleeding



Reproductive Endocrinology

- **Usually arrive around 8:00 am**
 - Dr. Emmi – Mon pm, Tues, and Fri am
 - Dr. Layman – Mon am, Wed pm, Thurs am
 - Dr. Murphy / Aziz – Wed am
- **Participate in Ultrasounds and IVF procedures**
- **REI Conference every Thursday at 1:30pm**
- **www.IVFaugusta.com**

Reproductive Endocrinology

○ **Things to review prior to starting:**

- Menstrual cycle and abnormalities
- Basic infertility
 - Thorough history for patient and partner
 - General work-up
 - Risk-factors
- PCOS
- Precocious Puberty
- Genetics - know how to do a Pedigree



Night Float

- Work closely with intern on L&D, see any ER consults
- Participate in ALL deliveries and surgeries
- Weekdays: 5:00pm – 6:30am
 - Lecture is still required unless you are designated “OFF”.
- Weekends: 7:00pm – 7:00am
 - Help residents round when on call on weekends.
- Introduce yourself to the team, and provide pager or cell phone #. Most importantly, be AVAILABLE!
- Call Room: Located in crosswalk b/t hospital and CJ building
 - Door code 3052*