

Observed Pelvic Examination

Student _____ Date _____
 Preceptor _____ Site _____

INTRODUCTION AND PREP

	Yes	No	N/A
1. Introduce yourself.			
2. Adequately explain reasons for and procedure of the pelvic exam either before or during the exam.			
3. Maintain patient's individual need for privacy and comfort. Step out of the room to let patient undress in privacy, supply gown.			
4. Wash hands.			

PERFORM STEPS OF THE EXAM

	Yes	No	N/A
1. Have patient slide to end of table and position drape so that legs are covered and perineum is exposed			
2. Inspection of mons, labia, intoitis, anus, and gluteal fold with good light			
3. Palpation of inguinal nodes and any abnormalities			
4. Insertion of speculum: a) Warming and/or lubricating the speculum b) Using appropriate language to tell the patient what to expect			
5. Visualization of vagina and cervix			
6. Obtain PAP smear			
7. Wet mount with pH, whiff test, KOH and saline, and/or cultures if appropriate			
8. Perform bimanual exam a) Identify size, shape, position of uterus (or recognize inability to) b) Palpate for adnexal masses c) Palpate vaginal walls and cul de sac			
8. Perform rectovaginal exam or explain why not done a) Check rectal walls and pelvic side walls b) Recheck uterus, adnexa, and posterior pelvis c) Do stool guiac if needed			
9. Allow patient to clean up and dress in private			
10. Explain exam results			

Interpersonal Skills

	Yes	No	N/A
1. Greets patient			
2. Gives patient a chance to talk and ask questions			
3. Responds to nonverbal cues			
4. Makes eye contact			
5. Listens to what patient has to say			
6. Displays empathy			

Comments _____

Signature of Preceptor _____

Signature of Student _____