6. Forgot Password?

If you forget your password, please initiate the **password recovery workflow** from your school's one45 login page by clicking the **forgot username/password** link:

From there, enter in the **email address** you have associated with your one45 account:

You will receive an **email** from your **school name** as the sender, and the subject line: **one45 login information**. If you do not receive the email, please check your junk email folder.

The body of the email will contain a **link to your login** page as well as your **username** and **generic password**:

```
one45 login information
University of One45 (one45) [support@one45.com]
To: 

Please click on the following link to log in to one45 software: 
https://www.one45.com/webeval/curricletest/index.php

username: 
password: jxy228247

Click on the link and enter in the credentials provided in the email message:
```

Click on the link and enter in the **credentials provided in the email message**:
Welcome

You are a first time user with a default password. Please change your password to something you will remember. (no spaces. "jxy" cannot be the first three letters.)

New Password:  
Confirm New Password  
(type the same as above):  

Submit  Clear

From there you will be asked to create a new password. After clicking Submit, you will be taken to your eDossier account!